

Kennedyfamfive's Mission Trip Packing List

*Scouts' Packing tip: Have everything packed 3 days before leaving...this saves you from that last-minute frenetic rush when you're more likely to forget something, and it gives you time to add in things you might have forgotten.

*This is what worked for us! Use it as a jumping off point for your trip...modify to your heart's content.

*Obviously, your trip activities and your personal taste will dictate choice of clothing and make up/grooming accessories....so, add those to the list if you need them!

➤ First-things-first

- Bible: You might not have access to internet, so consider downloading a version of the Bible or just take a physical copy with you.
- Two quart sized ziploc bags: one for liquids and one for medication. Have them somewhere you can access easily in the airport at security.

➤ On your actual person ([This is the money belt we used.](#))

- passport
- driver's license
- money--cash in varying bills
- phone
- other: _____

➤ Meds

- Malaria pills
- other prescription medication
- motion sickness medicine
- OTC meds: ibuprofen, acetaminophen, Benadryl, etc.
- first aid kit
- other: _____

➤ Liquids

- liquid containers (if your liquids are in containers larger than 3 oz, you'll need to transfer them into something smaller)
- shampoo
- toothpaste
- sunscreen
- other: _____

- In your backpack/messenger bag
 - photocopies of passport and driver's license
 - disinfectant wipes (such as Clorox)
 - Hand wipes (such as "Wet Ones")
 - mosquito repellent wipes (such as [Avon's Skin-So-Soft Bug Guard towelettes](#))
 - Kleenex
 - travel pillow: [This is the one we bought](#). It packs into a bag the size of your hand.
 - [chargers](#) for electronics
 - adapter if the electrical outlets are different from yours at home
 - flashlight
 - rain poncho
 - ziploc bags: snack, sandwich, quart, gallon (Put 3-4 of each size inside a gallon bag. You never know what you might need.)
 - trash bags: use for packing dirty clothes, emergency rain gear, or for actual trash
 - snacks/food: dried fruit, nuts, beef jerky, pop tarts, peanut butter crackers, etc. *Creamy peanut butter is considered a liquid by TSA!
 - other: _____
 - other: _____
 - other: _____

- Carry-on luggage
 - photocopies of passport and driver's license
 - flip flops for the shower/restroom
 - tennis shoes
 - sandals/other shoes
 - soap: using the bar type eliminates another liquid to try to squeeze in your bag for TSA
 - toothbrush
 - hairbrush
 - clothes: pants, shirt, socks, underwear
 - hoodie (yes, even if you're going somewhere really hot)
 - other: _____
 - other: _____
 - other: _____

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